

Bhikshuni Lozang Trinlae, Ph.D.
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PROFESSIONAL EXPERIENCE

2018 - present **InsightSupport.Org**
USA

CEO & Founding Director

Providing consulting, research, and support services in the areas of education and professional services, psychospiritual care and resource development, and clinical spiritual care. My latest project made a detailed analysis of the state of Adult Day Care (which I call Adult *Flourishing* Care) and related funding protocols in the state of New Hampshire. Further services include providing pastoral counseling services for caregivers of a family member undergoing acute medical trauma as well as to a couple already settled on marital separation in order to minimize negative impacts and engender the best outcomes for all concerned.

2010-2016 **Insight Delivery Systems**
Los Angeles

CEO & Founding Director

Consultancy assisting clients in researching, developing and presenting highly specialized scientific, linguistic, and cultural information. Provided research, teaching, and translation assistance to faculty at Harvard University, Claremont Graduate University, the Indic Foundation, and others.

2014 **UCLA Hospital**
Santa Monica

Interfaith Chaplain Unit 4 Level 2 Clinical Pastoral Education (CPE) certification program

Developed the clinical spiritual care protocol for the oncology unit as a member of the medical care team working closely with the palliative care team. Worked with patients, family members, and medical staff to optimize pain management, bring relational closure to end of life patients, and lower anxiety during acute trauma as well as during the uncertainties of ongoing diagnostic and therapeutic processes, thereby enhancing the psychospiritual well being of patients while fostering smooth functioning across multiple professional domains of the hospital system.

2013 **LA County Hospital**
Los Angeles

*Interfaith Chaplain Units 2&3 Levels 1&2 Clinical Pastoral Education certification program
Urban Interfaith Chaplaincy CPE with St. Camillus Center for Spiritual Care*

Provided psychospiritual support to patients, family members, staff, and agency members in service to general medical, cardiac, neuro, and neonatal ICUs, burn unit, emergency department critical care units, psychiatric ER, pediatric ER, jail unit, morgue, and county coroner's office. Worked closely with nurses, social workers, area clergy, and ethics committee as member of the medical care team offering critical care services in a Level 1 Trauma Unit.

2011 **Massachusetts General Hospital**
Boston

Interfaith Chaplain Unit 1 Level 1 Clinical Pastoral Education certification program

Trained in an advanced interdisciplinary CPE program with ICU nurses. Served patients, family members, and staff on major medical units working closely with nurses and social workers in a Level 1 Trauma hospital.

2011-2013

**Claremont School of Theology
Claremont**

Teaching and Research Assistant

I helped design and teach the graduate-level course *Your Brain on God*. I served as a supervisor TA to the Interreligious Studies MA program, reporting directly to the academic Dean, whereby I facilitated and supervised satellite study with the Academy of Jewish Religion of Southern California. I also designed and implemented program assessments, with resulting recommendations subsequently implemented.

1998-present

**Mahaprajapati Press
Nepal/USA**

Director, researcher, and translator

Developing and publishing of curriculum materials in English and local Asian languages

1992-1998

**Educational Visions and Methods
USA**

Founder, Teacher, and Researcher

Provided instruction and conducted grounded theory research on community schools in Tibet, Nepal, India, and Taiwan.

EDUCATION

2011-2017

**Claremont School of Theology
Claremont**

Ph.D. in Clinical Spiritual Care-Practical Theology

- I developed a protocol for empirically discerning clinically conventional measures of spiritual care characteristics in religious cultural practices in order to more effectively deliver spiritual care with measurable outcomes. My latest research used empirical qualitative & hermeneutic textual methods to discern the therapeutic contemplative processes active during contemporary practice of a 16th c. liturgical text.
- Investigation completed resulting in book publication: *Kun-mKhyen Pad-ma dKar-po's Amitāyus Tradition of Vajrayana Buddhist Transformative Care: Contemplative Text, Phenomenological Experience, and Epistemological Process*.

2012

LA County Fire Dept/FEMA/Dept of Homeland Security

First Responder training

Claremont

- Completed 24-hour course curriculum in Community Emergency Response Team
- Modules taken with LA Fire Dept, the original founders of the now nationwide CERT program

2011

**Harvard University
Cambridge**

Graded Audit

- Specialized Research Seminar on Event-Related Potential (ERP) Methods
- Adult Development with Robert Kegan (individual consultation and online lectures)

EDUCATION

continued

1992-1993

**Harvard University
Cambridge**

Ed. M.

- Concentration in science teaching and curriculum with an emphasis on pragmatic and relevant education
- NGO management study with the Kennedy School of Government

1987-1992

**Northeastern University
Boston**

B. Sc., physics

- *Summa cum laude* honors earned
- Elected to Sigma Pi Sigma physics honors society
- Completed graduate-level study of neural science and undergraduate study of psychobiology

SELECT PUBLICATIONS

Trinlae, Bhikshuni Lozang. *Kun-mKhyen Pad-ma dKar-po's Amitāyus Tradition of Vajrayāna Buddhist Transformative Care: Contemplative Text, Phenomenological Experience, and Epistemological Process*. Zurich: LIT-Verlag. 2017.

———. “Buddhist Liturgy as a Transformative Mode of Spiritual Care: A *Précis* for the International Association for Spiritual Care” In *Pastoral and Spiritual Care across Religions and Cultures* [Seelsorge und spiritual care in interkultureller perspektive]. Edited by Isabelle Noth, Georg Wenz and Emmanuel Schweizer vol. 2. Gottingen: Vandenhoeck & Ruprecht, 2017.

SELECT PUBLIC PRESENTATIONS

Spiritual Care: Benefitting Spiritual Leaders, Caregivers, and Communities. University of Bern, Switzerland, 2017
(guest lecture)

Hypothalamic-Pituitary-Axis (HPA) in the Stress Response of Adolescents and Children (meta review presentation), Mind and Life Summer Research Institute, Garrison, NY, 2014
(research poster)

Spiritual Pain from a Buddhist Perspective, Spiritual Care Ground Rounds, Los Angeles County Hospital, Los Angeles, 2013
(panel presentation)

Practical Theology for Community Service: Building Effective Inter-religious Coalitions as a Force for Positive Social Transformation, Memnosyne Foundation Scholarship at Perkins School of Theology, Southern Methodist University, Dallas, 2012
(paper & presentation)

Community Connectedness and Engagement of Harvey Mudd College Students, a Structural Equation Modeling statistical study, Harvey Mudd College, 2012
(research poster)

PROFESSIONAL ASSOCIATIONS

Association of Practical Theology
Association of Professional Chaplains
Sigma Pi Sigma Physics Honors Society

PROFESSIONAL CERTIFICATIONS

BCCI Professional Chaplaincy Board Certification - Application in process
CERT - Community Emergency Response Team - c/o Claremont Police Department/DHS
CPR - Red Cross first aid training

LANGUAGES

Fluent in English, Nepali, Sanskrit, and Tibetan with moderate fluency in Mandarin Chinese